

San Jose, USA Group Living

with Master Kumar and Kumari Garu

Master, Man, Mind, and Matter

September 12 – 14, 2014, San Jose, USA

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Friday, September 12, 2014, Evening

Hearty fraternal greetings and good wishes to all the brothers and sisters that are gathered here this evening.

I am indeed deeply touched by the presence that is being given by all of you. There are members who have come from India for this purpose of group life, and they are very elderly ones. There are members coming from Germany, Spain and Switzerland of Europe. There are also members coming from Porto Rico, Venezuela, Santo Domingo, Argentina. And there are also members coming from Miami, and other parts of United States of America. The enthusiasm with which all members have gathered here speaks of the call of the Master from within, each of the beings.

Coming to the shores of California is coming back to meet our very ancient history as humanity. California and for that matter all the west coast of North and South American continents represent the eastern-most boundary of the most sacred, and most cherished land of Lemuria. Many of you may have known that the humanity on this planet has been making a pilgrimage from 18 million years. All of us have started our journey on the planet initially in the White Island, later into Hyperborean land, and later into Lemurian land, which was a huge continent that existed in the grand Pacific Ocean with its eastern borders extending to the western coast of North and South America continents and the western border extending beyond Middle East. That was the time Europe was not, except the Scottish and northern islands of the British, the rest of the Europe was not.

When the Lemurian land submerged into waters, and Pacific Ocean come to be, then we all shifted to that great ocean which we call the Atlantean Ocean, which was a great land at one time. And after the Atlantis, we have now settled in that part of the continents which are floating amidst the seas and which we call the Aryan race. The White Islanders, the Hyperboreans, the Lemurians, the Atlanteans, and the Aryans are no other than we. We went through a very great journey. And the detail relating to it is very much described very elaborately by Madam H.P. Blavatsky in Isis Unveiled and Secret Doctrine. When the humanity was evolving into the 3rd root race as Lemuria, the land was very much golden, and the human beings had the experience of the presence of the most high beings on the planet. The Sons of Fire, the Sons of Will, the Sons of Golden Light, the Sons of Yoga, they have all descended from higher circles onto the planet during the Lemurian times to assist humanity in matters of their evolution, to re-find their originality. And these Sons of Yoga are there till date on the planet. It is only in this Lemurian land which is now bordering on the west coast of American continents of which California is a very important part.

It is on these parts the first teachings have happened on the planet. The foremost teaching that happened on the planet is in the Lemurian land and is from the great teacher Kapila. It is believed that California with its redwoods, golden land, is the place where the Lord descended as his first avatar, as Kapila, to initiate humans into the path of yoga which included in it the knowledge, devotion, and detachment from illusion, which are called in Sanskrit as knowledge means Jnana, devotion is Bhakti, detachment is Vairagya. These three as basis of the path of yoga was imparted in this profound land which was golden at that time and which is also considered as golden land today. In the past couple of centuries there was a great hunt for gold in the land of California.

This land vibrates with golden energies, and the sun rays relating to sunrise and sunset are extolled by the Masters of Wisdom belonging to Hierarchy. Master DK speaks very high and very frequently about the golden light that one encounters in the lands of California, Nevada where Grand Canyon is, and such other places. All the mountains on the West Coast of North American and South American continents carry the profound vibrations of Lemurian knowledge and the related magic. They offer humanity an energy that enables transcendence. Transcendence is considered easier when one relates to sacred places, develops friendliness with the related energy, and transforms the matter relating to oneself, thereby transform one's own mind which is filled with matter.

Unless mind and matter are transformed in us, the transformations are not possible. And the man who intends for such transformation is assisted by the Masters of Wisdom. That's the reason why in the prayer we had the impulse to speak of the Master, the man, the mind and the matter. Master, man, mind, matter shall have to be in alignment and this land offers with great facility such an alignment. A land that is very sacred enables fulfilment not only in terms of material, but also in terms of spirit. Today, Silicon Valley as we all call is a land of abundance, and the new age energies are functioning at vast dimension helping the humanity in terms of another type of transcendence from matter through electronics, and electronic media, electronic instruments. At least the electronic software enabled the man to know that there is subtle existence, and it is not that beyond physical there is no more. This land of California should therefore be seen not only for material fulfilment, but also for spiritual fulfilment. One should know that it has been initially the land of yoga. You may be knowing that California is not the original name of this place. California is not the original name. It is the name given to this land by those pioneers, namely the Spanish, who have in their voyages from Europe, found this land and went on making expeditions into this vast land. Columbus is only known as an adventurer. But in the esoteric circles it is known that Columbus is a deep devotee and disciple of Master Jesus and was guided by St. Germain to come to this land. The Spanish being Sagittarius by nature, they have been the pioneers who paved way through the Atlantic to find vast land of opportunity for humanity. And they went on making their expeditions and adventures. In the 15th or 16th century, they ultimately found the other border of land in California, New Mexico, which are bordering the West Coast of the American continent. They called this as California. It's not the Indian name. Some Indian names as existed here are retained, many names are changed. The new race of Aryans who came here, according to their inspiration, they named the places. But for an occult student, it is always essential to go into an in-depth study and know what could have been its original name.

This land of California was part of the Mayan culture. If we trace the history of California, it was part of a great nation called Mexico, where Mahicos were existing. Mahicos are those who are guided by the energy of the star Magha. Magha is a star whose influence enables experiencing magic. Mahico means a magician. It's a Magico. Mahi, Maha, Maga, Magus, Magic - these are all, if you apply the key of etymology you find all these sounds as coming from Magha whose impact is felt in Aquarius. That's why the moth of Aquarius is also called Magha Masa. Magha, Mahico means "of Magha". Therefore, it is no wonder that the Uranian energies and also the Aquarian age found its grand expression through this land of Maga. California was the uppermost part of the great nation of Mexico, and they were all men of knowledge relating to time. They were known to be time worshippers, or serpent worshippers. Serpent worshippers are called Nagas. All serpent worshippers are called Nagas and they all have the tradition of combing the hair through the central part of the head dividing the left and right brains. Nagas existed worshiping the dimensions of Sun, attuning to the dimensions of time and the planetary transits. They were mostly relating to the sky and living in great splendor than relating to the earth.

Living relating to the sky is the polar opposite to a living relating to earth and earthly things. Relating to earthly things makes man mundane. Relating to the energies of the sky, the stars, the planets and also relating to the movement of Sun and Moon and Venus enables you to live up with uprising energies. Uprising energy was common with them. That's why it is said, all Rishis or seers they have their hair tied upwards. That's the secret of tying upwards the hair, meaning the person decided to live for upward movement and upward understanding, not relating to the earthly things. The Mexicans, their culture was

considered Mayan culture. Mayan culture in Sanskrit means Maya. Maya also means magic. The whole creation was created on the basis of Maya or magic.

This Mayan culture was very much having its bridge of knowledge to the other side of the planet where we have the subcontinent of India. There were great exchanges of knowledge of the absolute, of the time, of nature, and its 9 fold divisions, as between the then Bharath and the nation of Mexico. The land of Mexico, its uppermost part is California state, and down it goes to New Mexico, Texas, part of Huston, and Mexico City, and covers all the central islands, and it goes up to Miami. And Miami and California, they are energetically connected from ancient most times. It is on account of the blessings of the Master that since 1995 I am travelling by these lines of light from Miami to California. Miami to California, when you make the journey you are only moving through that ancient most land which had the great culture. If you notice the lowermost point in the nation of Mexico, there is what is called a city by name Cancun. When you know such names we should know what could be the meaning of Cancun. When we listen to ancient Indian names, they were all named with a purpose. When we know that the meaning of Cancun is a snake pot, or a snake hole. The lowest point of the nation of Mexico is in the city of Cancun, which is called a snake pot or a snake hole. And the uppermost moves in this manner (Master made a gesture of curve). And it is beauty to, if you draw the line over the whole thing, you see a great eagle looking to the pacific sea. From that point of Cancun, even today a major part of the Mexico is called Yucatan. Yucatan is a slight distortion of Yogastan. Yogastan means the land of yoga. Like Hindustan means the land of Hindus. In the east around Himalayas all lands are called stan. Hindustan, Pakistan, Kazakhstan, Afghanistan. Stan means an area of land. Yucatan is Yogastan. In that area you have the great pyramids of Mexico, up to Mexico City. You find similar names in the Pacific Ocean, between the Lemurian lands where you have today Jakarta. The original name of Jakarta is Yoga Karta. If you go to Jakarta, or Malaysia, or Bali, they are all the eastern islands which are in Pacific, you find the ancient most deities relating to Lemurian land. It is in Lemuria that such great beings as Ganesha, or Hanuman, or Muruga or the Kumara they have all descended on the planet. The story relating to Lemuria to re-ensure within ourselves that the greatest of the beings descended on this planet during the times of Lemuria continue to exist with us and help us. Among those which are recorded in the Eastern Scriptures, the foremost is Kapila, then Dattatreya, then Ganesha, then Hanuman, then Kumara, and so many others. And these deities continue to help us in the path of yoga.

Therefore, coming back to the point, we are in a golden land where the vibrations of gold help us to build a golden body within us. Please note that all those that have been living in California have a responsibility to build a golden body, because you have a golden opportunity. California is not to make more and more dollars. That is a very secondary dimension. As students of yoga or students of occultism we need to understand that this land allows us to practice yoga much better. The science of yoga enables formation of golden body. It enables experiencing immortality. It enables transcendence from the mundane state of being and also concurrently a transcendence from this mundane body. Even this mundane body exists, we need to take to a rhythm of practices by which we gradually build from this very mundane body a golden body by transforming the matter relating to this body. The matter has to be transmuted and transformed, so that it gains its golden hue and man has to shift into that body. Then he is called Akshara Purusha, meaning not destructible. Otherwise, he would be a Kshara Purusha. He would experience death. From Kshara to Akshara, from mortality to immortality humans are expected to make a journey with the help of wisdom, and with the help of the science of yoga. For that matter we have gathered in this group life to recollect the practice of yoga, and to re-resolve that we shall walk the path of yoga enabling the necessary transformation in us by which the matter relating to the body is refined. For that matter we have gathered in this group life to recollect the practice of yoga, and to re-resolve that we shall walk the path of yoga enabling the necessary transformation in us by which the matter relating to the body is refined.

That's why in the prayer today, though not planned, the dimension has come to be as man, mind and matter adjustments. The mind and matter shall have to suitably be adjusted; that would enable the mind to look up the owner as the man. And the man has to look up to the Master in him. The Master exists in each one of us. We exist. We have a mind. With the help of that mind we build the quality of matter relating to

our body according to our thoughts, our desires, our speeches, our actions and our movements. "Energy follows thought" is an age old statement. "Yad bhavam tad bhavati". This is aptly translated by Master DK as energy follows thought. If you are oriented only towards material pursuits you continue to be mundane. The material pursuits shall have to be only to ensure a simple, comfortable living and not to further anymore be material pursuits. Having settled in a simple and comfortable way, one should not let the energy move in the horizontal manner into the surroundings. He should ensure that the energy frequently moves vertically within him.

The Cancun I speak of in Mexico relates to the Muladhara in us because it is the snake part. The snake part in us the Muladhara. That's where the Kundalini energy exists. The Kundalini energy shall have to be vertically raised by relating to the subtle dimensions, or divine dimensions of oneself. Therefore, the rise is indicated by the eagle. The tip of the tail of the eagle relates to Muladhara and its head relates to Sahasrara. That's why the whole land of Mexico or Mayan land has its symbol as the bird, the eagle. The eagle, the serpent, and the heart - these were the main symbols of Mayan cultures. No doubt in the United States, and for that matter in the entire Western continent, the eagle is very much appreciated and is taken as the national symbol. But the eagle is within us, its tail is in the Muladhara, its beak is our nose, its head is our head, its wings are our lungs. By effectively utilizing the lung power, not for speaking, but for pranayama, one can transform oneself to move up. The wings of the bird are meant for uprising, not for speaking. The facility of speaking shall have to be responsibly utilized. And the lung power should not be wasted in discussions and gossip. It shall have to be utilized more to relate to the respiration, the pulsation, and to reach the subtle pulsation from there is a possibility for an ascent through Antahkarana. So the bird continues to be inspiring from within. And that bird is regularly functioning in us; without its functioning life is not possible. The bird within us continues to pulsate, cause respiration, which in turn causes circulation.

We in yoga look to certain other things which are not looked to in the normal practices of wisdom. The entire yoga science directs man into himself. It directs not to outside. All direction is into oneself. Every seer has said, "Man know thyself". Try to know the great intelligences that exist in us, relate to them, and with their help cause the necessary transformation and transcendence. Somewhere in that corner where the symbol of violet flame is kept, three words are written, "transmutation, transformation, transcendence" and there is the fourth word "transfiguration". These are the initiations.

The cells relating to the matter of our body are filled with life force. Through relating to pranayama, one can increase the life force in the cells of the body. As much heat is generated through pranayama in oneself, the cells that carry the matter gain and more life, more and more heat. As more heat is generated, the density of the cells gradually comes down. As long as the cell matter of the body carries much matter and is dense, then man tends to be very inert, very dull. His perceptions are very subnormal. As we keep the cells to heat, it's a heating process. The heat should be generated through prayers. If prayers are appropriately done, or meditation is appropriately done, the heat causes the needed transformations to the body cells. When that additional heat is regularly applied to the cells of the body, then the cells gradually lose their density of matter and tend to be lighter. The cells of the body tend to be lighter. The fire in between the cells, each cell has its own fire. And the cells commune through fire with each other and develop a fire which is called Kundalini fire. When the Kundalini fire is generated, then there is the beginning of the formation of the golden body. That is what is to be worked out either through the step of pranayama in yoga, or through a specific method given by a Master of Wisdom. When we believe that we are adopting ourselves to the path of Master CVV, and when we do our prayers relating to the Master, and are invoking his energy, the litmus test that the prayer is happening is transformation of the matter in the body, generation of the heat in the body. You should feel much more warm as the prayer keeps happening. It is such a comfortable warmth and reaches to such heights to cause the necessary adjustments to the matter. When matter is adjusted mind also gets adjusted. Because our mind is filled with mundane stuff. Bailey speaks of mental stuff. All that we carry in relation to the world remains in the mind as memory and every time it recollects only mundane things to us.

Unless we make specific effort, the mind does not relate to the subtle or divine things. It always relates to mundane things. It relates to persons or behaviour. It relates to places and their climatic conditions, or their material growth, or non-growth, etc. It is always when people speak, it is from their mind. And the mind only relates to the mundane things. It is because the mind has in it lot of mundane stuff. The Master enables the stuff to be expelled gradually. Your thoughts are not anymore revolving around matter only. From morning till evening when thoughts are relating to the matter only, we continue to be mundane though we tend to believe we are following the Master. The prayer should enable us to cause the needed ascent. And the ascent is possible only when the mind and matter are submitted to the Master. And the Master promised that he would cause adjustments to the mind and matter of the body. He makes sure that we gain the needed transformation and ultimately gain the golden body. The promise of the Master is that he shall ensure that each one of us gains a golden body. That golden body is a prophecy towards which we need to work.

In that context a land like this is very useful. Kindly relate to the sky, the sunrise and the sunset. Sky in tropics offers many good things. It is generally blue. It enables you to visualize the stars, the planets, and it displays a variety of colours which are VIBGYOR colours, the rainbow colours. In Miami almost every day there are one or two rainbows that keep happening. Here you would experience much golden light. You would experience much violet, much purple, much pink, and then much orange, and much golden light if you relate more to the sky at the horizon during the dawn and dusk hours. As you relate to them the related energies are also awakened in ourselves. Therefore, this group life which is a good blend of east and west, where we have as many as 55-60 persons from Europe and North and South American continents, and 55-60 persons coming from India, it enables us to relate to the topic of fusion of east and west, which is given to me as the topic by the group. I wish to give you in the morning hours the teaching related to east and west. In the afternoon I open the session for questions and answers, so that we have a very meaningful group life where certain clarifications are also given to those who have been sincerely practicing.

In this connection I have great pleasure in presenting to you the work done by ladies of India who come to live with their children. You see this book (Master showed few books). These are all the teachings on Ramayana which I gave for 6 years. One lady, it has been since about 12 years she has been transcribing all Telugu teachings I have given on Bhagavad Gita, on Ramayana, on Bhagavata, and what not. She keeps on writing this, by this listens more than once to the cassette, and she writes. It is amazing the way she has been doing this work over years. This is 5th or 6th volume doing these transcriptions. And in the process she continues to live in relation to the Master, even though according to her she is in a strange land, because she does not know much English, and she cannot really relate well to the place and the people of this continent. She is one of the greatest supports to the work of Master, and such ladies I have in all over, six or seven of them. They keep on writing them. Even if they tell them another is also writing Bhagavata, they say nevertheless we will write because it helps us. In Europe we had one such lady, very old lady by name sister Wilma. She was the one who was regularly transcribing. So many teachings she transcribed. In the process they get enlightened.

This is one book of Ramayana which I was discoursing every Saturday when I am in Vishakhapatnam over six years. All that is recorded. It would serve its own purposes. I wish that she realizes what is intended by this teaching. Likewise she writes on Bhagavata. These are only some examples. Since about many years Bhagavata teachings are happening, many ladies everywhere they are transcribing the cassettes. I am pleased to see them. Each time I meet this lady by name Kameswari, she always presents a volume like this. It's not the first volume. Just to show how persons who have retired from active life can continue to relate in a continuous way with the teachings and gain the necessary vibration. I request our sister. I want to show her as an example. She is an example in many ways actually. She is also the de-jure head of our center in Rajamundry. They relate to her even when she is in America. They relate to her and then conduct the work there. She is seen by many there as their mother. I request Kameswari Garu to come and receive these books. She just presented them to me when I was sitting there asking me to write some message on them. I wrote something which occurred at that moment. There are many members who silently transform themselves through such works.

With these few words relating to California, relating to yoga, we formally commence this group life and we continue to experience the four in us. I always speak of fourfold existence. Please remember that the Master is in you, with you, observing you. That's why there is Master in you, you are there as the man, you have a mind, which builds the matter around you. These four dimensions: Master, man, mind, matter. If you let mind to be, it only builds matter. It has to relate to the Master. And you have to do it. You are the one who needs to relate the mind to the Master.

May be that with us in the sense, keep the Master most high in yourself. That's why when we think of the most divine, we think of the top of the head. When we are working, we are working from the brow center. When we are resting we are at the heart. And later we work with the mind and matter. So, the matter and the mind should be aligned by the man with the help of Master. The matter and mind get aligned with the man when we relate to the Master. Therefore, Master, man, mind and matter shall have to be aligned. Then the energy of the Master manifests through man, and man does work through the mind, and manifests it on the planet. Then it is called love in action. Whatever we do we should know that the Master is with us. As we sleep the Master is with us. As we wake up the Master is with us. As we do such small things - cleaning the mouth, or brushing the teeth - the Master with us. It is with the Master we are at all times.

Recognition of this is enough. This is what is called Smriti or recollection. We need to recall that all that is happening with us is because of the presence of the Master, who has many names. I do not wish to give names because it is One Master that is the Divine that exists in all of us, conducts the needed pulsation, enables the awakening, and on the background of that awakening we conduct ourselves. To relate to him and to conduct is to staying eternally in the eternal presence and conducting ourself. When we hold this truth with us, the mind and the matter, they find appropriate expression and would not cause hindrance to the progress of man. For that reason today in the prayer we have the four dimensions of man expressed for an alignment and for manifestation of Master energy through and through. May that be so with all of us.

Thank you.